

## Elite Sport Schools – First results of a pilot study

*Eike Emrich, Michael Fröhlich, Markus Klein, Werner Pitsch*  
*Institute for Sport Economics and Sport Management, Saarland University*

### Abstract

The German Olympic Sports Alliance considers elite sport schools (EdS) to be beneficial for talented young athletes by offering school education and optimal training conditions, enabling them to perform at their best. An evaluation of EdS systematically analysed empirical data on ascribed and achieved aims with collected data, individually as well as collectively, using questionnaires. On an individual basis, school performances and post-school occupational prospects as well as competitive success in sports of participants in the Summer Olympics 2004 and the Winter Olympics 2006 who attended an EdS were compared to those attending other kinds of schools. Age differences between the categories “continuous at EdS”, “in stages at EdS” and “never at EdS” were not found. The results show that there was no difference in sports performances between pupils at EdS and others in the Summer Olympics 2004, while in the Winter Olympics 2006 there was a significant difference. Furthermore there were no differences in school performance between the groups. Indeed, pupils at EdS prefer after end of the school in higher one a professional whereabouts in federal police and the armed forces, while not elite pupils finish a study in higher interest. The available data suggest that attending an EdS results in higher individual social costs, which are not matched by comparable success in sports competitions.



### Editors:

Prof. Dr. Reinhard Stockmann, Saarland University  
(Editor in Chief)  
Prof. Dr. Gerd-Michael Hellstern, University of Kassel  
Prof. Dr. Helmut Kromrey, Berlin  
Prof. Dr. Helfried Moosbrugger, J.-W.-Goethe-University FfM  
Prof. Dr. Hildegard Müller-Kohlenberg, University of Osnabrück  
Prof. Dr. Dr. Christiane Spiel, University of Vienna  
Prof. Dr. Hellmut Wollmann, Humboldt-Universität Berlin

### Managing Editor:

Dr. Alexandra Caspari  
Saarland University, Center for Evaluation (CEval)  
Dep 5.2 – Sociology - P.O.-Box 151 150  
D-66041 Saarbrücken - Germany  
Phone +49 681/302-3146 - Fax. +49 681/302-3899  
e-mail: [redaktion@zfev.de](mailto:redaktion@zfev.de) - Web: [www.zfev.de](http://www.zfev.de)